

# Atkins Watermelon Days 5K Road Race

**5k Run and 1 Mile Run/Walk (Friday Night) Friday,  
August 6, 2021 – 6:30 P.M.**

(Proceeds go to support the Benton Community Cross Country Team)

**COME FOR THE RUN STAY FOR THE FUN – FOOD AND GAMES AVAILABLE  
AFTER THE RACES – SPONSORED BY THE ATKINS COMMUNITY CLUB.**

**Start –Finish:** Located at the Atkins City Park Pavilion on the west side of the park. Race start times are 6:30 P.M. The course will be on streets and grass trails (might be all streets this year – will not know until closer to race date.) Packet pick up begins at 5:30 P.M.

Walkers: We encourage walkers in the 1-mile event  
1 Mile Run & Walk: \$5 entry fee awards (medals) given to top 3 finishers over all.  
1 Mile participants will not receive a t-shirt/bag

5K: Females: 13 & Under, 14–19, 20-29, 30-39, 40-49, 50–59, 60–69, 70 & Over  
Males: 13 & Under, 14–19, 20-29, 30-39, 40-49, 50–59, 60–69, 70 & Over

**Awards: Medals will be given to the top 3 places in each division and trophies to overall male & female runner**

Registration Fee:

- € \$5 for all 1 Mile participants (shirts not included)
- € \$20 if received by July 19<sup>th</sup> Includes shirt
- € \$25 if mailed after July 19<sup>th</sup> or paid on race day (shirts not guaranteed)
- # \$15 No shirt option for the 5K Race

Checks payable to Atkins Community Club Fun Run

**Enjoy bottled water and watermelon after the race. No door prizes this year.**

Mail Registration

To: Atkins 5K Run  
Attn: Marty Thomae  
203 Cherry Street  
Van Horne, IA 52346  
If questions please e-mail: [mthomae@benton.k12.ia.us](mailto:mthomae@benton.k12.ia.us)

Name \_\_\_\_\_ Phone \_\_\_\_\_

Street \_\_\_\_\_ City \_\_\_\_\_ ST \_\_\_\_\_ Zip \_\_\_\_\_

E-mail \_\_\_\_\_ Shirt Size: S M L XL

Age on 8/6/2021 \_\_\_\_\_ Sex: M F Event: 5K \ 1 Mile Run/Walk

In consideration of your acceptance of this entry, I hereby for myself, my heirs, executors, administrators, Benton County Conservation, Benton County, and all employees and/or affiliates waive any and all rights and claims for damages I may have against individuals associated with the event, sponsors, and officials, for any and all injuries suffered by me during, because of, or in travel to and from said event, I attest and verify that I have full knowledge of the risk involved in this event and I am physically fit and sufficiently trained to participate in this event.

\_\_\_\_\_  
Signature or Signature of Guardian if under 18 Date

