

**Bruce Visser, Mayor**

**Council meetings 1<sup>st</sup> & 3<sup>rd</sup> Monday @ 7:30 pm @ City Hall**

**City Council: Joey Svejda, Tim Harbach, Heather Rinderknecht, Rodney Haerther, & Robert Spading**

**City Hall: 319-446-7870 M-F 7:30-12 & 1-4**

**Library: 319-446-7676 M-F 10am-12pm & 1-6 Sat. 9am-12pm**

**Check out [www.cityofatkins.org](http://www.cityofatkins.org) NOW ACCEPTING CREDIT CARD AND ONLINE PAYMENTS!!!!!!**

*Hello from the Mayor's office!*

Mayor will be at City Hall November 9<sup>th</sup> and 23<sup>rd</sup> at 9am to talk with you about questions or concerns residents may have. Anyone is welcome You may notice census workers in your neighborhood. This is a normal part of preparations for the 2020 Census. Census Bureau employees are also in the community to continue collecting information for the American Community Survey and other ongoing surveys. Visit the new 2020 Census website ([www.2020census.gov](http://www.2020census.gov), click on, Get The Facts) for more information on census workers, including: How you can verify someone is a census worker, Why census workers are out in communities, and How you can avoid repeat visits from census takers.

**Regards, Bruce Visser, Mayor**

## Atkins Public Works

Yard waste will still be picked up every Wednesday through November. Waste Management will not pick up yard waste containers over 50 pounds. Multiple yard waste containers may be put out each week. Garbage Cans marked with a "Y" or PAPER yard bags can be used. (NO Plastic)

Burning leaves is allowed in Atkins. Please be respectful and don't burn on windy or breezy days. Please don't burn when neighbors have windows open. Please always watch any fire you set. Unattended fires can be dangerous. Burning on City Streets is Not Allowed!



## Tips for Snow Shoveling

- Warm up your muscles. Shoveling can be a vigorous activity. Before you begin this physical workout, warm up your muscles for 10 minutes with light exercise.
- Pace yourself. Take frequent breaks and prevent dehydration by drinking plenty of fluids.
- Proper equipment. Use a shovel that is comfortable for your height and strength. Space your hands on the tool grip to increase your leverage.
- Proper lifting. Try to push the snow instead of lifting it. If you must lift, do it properly. Squat with your legs apart, knees bent, and back straight. Lift with your legs. Scoop small amounts of snow into the shovel and walk to where you want to dump it.





## Tips for Snow blowing

- Never stick your hands in the snowblower! If snow jams the snowblower, stop the engine and wait more than 5 seconds. Use a solid object to clear wet snow or debris from the chute. Beware of the recoil of the motor and blades after the machine has been turned off.
- Proper supervision. Do not leave the snow blower unattended when it is running.
- Safe fueling. Add fuel before starting the snowblower. Never add fuel when the engine is running or hot.
- Watch the snowblower cord. If you are operating an electric snow blower, be aware of where the power cord is at all times.
- No tampering. Do not remove safety devices, shields, or guards on switches, and keep hands and feet away from moving parts.
- Keep children away. Never let children operate snowblowers.

Please do not blow your snow onto City Streets or Alley's.  
Please direct your snow to the sides of your driveway or side yards.

## Atkins Public Library

### Help for The Holidays Silent Auction

The Atkins Public Library will be holding a Silent Holiday Auction to assist the Helping Hands Food Pantry with feeding families in our Community! The Silent Auction will start Nov. 9th and run through Nov. 23rd. You may come in and walk through the Library and place your bids during Library hours.



On Nov. 23rd from 4:30-6:00 PM we will have Catherine Rinderknecht Moritz (violinist) entertaining us while you are enjoying light refreshments, visiting and placing your final Silent Auction Bids. The proceeds will benefit the Atkins Helping Hands Food Pantry helping families in our community. If you would like to donate a themed basket, tree, wreath or whatever you come up with for the silent auction, you may contact Cathy Becker at the Library or Pamela Duball @ 319-981-7755.

We are excited to have Catherine perform for us!  
Catherine is pursuing a Doctor of Musical Arts program in Violin Performance and Pedagogy at the University of Iowa.





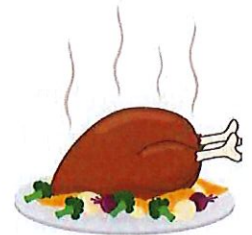
Atkins Volunteer Fire Department Open House  
Sunday, November 10<sup>th</sup>, 2019  
2pm to 4pm at the Fire Station



Atkins Family Pharmacy Wine Tasting on November 12<sup>th</sup>, 2019. Fireside Winery will be hosting a tasting from 5:30pm to 7:30pm.

Annual Thanksgiving Dinner –  
Thursday, November 14<sup>th</sup> 11am -1pm

Atkins Pleasant Hill Presbyterian Church will have their Annual Thanksgiving Dinner. Call 319-446-7196 for Delivery or take out. Free Will Donation!



Atkins Pleasant Hill Presbyterian Church  
Worship on Wednesday

Calling all 1<sup>st</sup> through 7<sup>th</sup> graders. Worship on Wednesday is worship service just for you! November 6<sup>th</sup>, 20<sup>th</sup> and December 4<sup>th</sup>, 18<sup>th</sup> from 6:30 to 7:30pm.

Crafter's Connection- November 16<sup>th</sup>, 2019 9am to 3pm

We have 3 locations for the handmade crafters! We will be at the Atkins Public Library, Atkins Legion (lunch will be served at Legion) and at the Atkins Elementary School. Would like to add that Atkins Pleasant Hill Presbyterian Church will also have crafters! If you are a crafter and are interested... my email is [pduball@aol.com](mailto:pduball@aol.com) for information.



During the same time the Atkins City Park Pavilion will be hosting businesses and vendors like Avon, Color Street, Creative Memories, Jewelry by Pam, 31 Bags, Creative by Jodi and Pampered Chef!

Stop by St. Stephen's Lutheran Church (303 Third Ave.) on November 16<sup>th</sup>. They will be selling quilts and miscellaneous items, nuts and chocolates, 150<sup>th</sup> Anniversary Church cookbooks and 150<sup>th</sup> Anniversary Christmas Ornaments. They all make great Christmas gifts!



Atkins Women's Club Holiday Tour of Homes!

Tour of Homes will be December 8<sup>th</sup>, 2019. A list of homes will be posted and included in the next newsletter.



# Atkins Pleasant Hill Presbyterian Church

There will be having a potluck and cookie exchange on Dec 8<sup>th</sup>, 2019 at 10:30am



## Atkins Community Club Annual Christmas Party

Atkins Community Club will have their annual Christmas Party at the legion on Saturday, December 14 with the Billy K. Murray Band starting at 11:45am and Santa's visit at 12:30pm. The raffle will start around 12:40pm. We hope to see you there!



The 38 Fire Truck and Santa will be visiting Atkins on Sunday, December 15. Santa and his helpers will be starting on the west side of town around 4pm. Please have your outside lights on so Santa will know where to stop. If your lights are on all the time, have your front door open, if it has a screen door of course, for another indicator that there are children home. Or the always popular way is to have the kids waiting by the window or the door so Santa can see them.



Greetings from Virginia Gay Hospital Physical Therapy! We are located at the Atkins Family Medical Clinic. Our therapists provide you with progressive strengthening instruction, pain relief treatments including Dry Needling and Myofascial Manual techniques, balance strategies to reduce fall risk, and more. Our guarantee is that we will always provide you with individualized treatment. We even offer monthly memberships for private exercise. No need to drive into Cedar Rapids for services that you can receive locally. We treat all ages and all abilities!



### Holiday Hours November 2019

**Veterans Day**  
**Monday, November 11<sup>th</sup>**  
**Closed**

**Thanksgiving**  
**Thursday, November 28<sup>th</sup>**  
**Closed**

**Friday, November 29<sup>th</sup>**  
**8:00 AM to 3:00 PM**

### CD Rates

CD Interest Rates		
Term	Interest Rate	Annual % Yield
7-179 Days	0.50	0.50
6 Month	1.75	1.76
12 Month	2.00	2.01
Adjust-A-Rate CD		
18 Month	2.10	2.11
24 Month	2.15	2.16
36 Month	2.20	2.21
60 Month	2.35	2.36

**Effective September 20, 2019**

Minimum Deposit for all terms is \$1,000.00  
Penalty for early withdrawal.



**Atkins Savings Bank & Trust**  
97 Main Ave PO Box 46 Atkins, IA 52206  
(319) 446-7700 \* [www.atkinssavingsbank.com](http://www.atkinssavingsbank.com)

