

Atkins Watermelon Days Road Race

5k Run and 1 Mile Run/Walk (Friday Night)

Friday, August 3, 2018 – 6:30 P.M.

(Proceeds go to support the Benton Community Cross Country Team)

COME FOR THE RUN STAY FOR THE FUN – FOOD AND GAMES AVAILABLE AFTER THE RACES – SPONSORED BY THE ATKINS COMMUNITY CLUB.

Start –Finish: Located at the Atkins City Park Pavilion on the west side of the park. Race start times are 6:30 P.M. The course will be on streets and city grass trails. Packet pick up begins at 5:30 P.M.

Walkers: We encourage walkers in the 1-mile event
1 Mile Run & Walk: \$5 entry fee awards given to top 3 finishers over all.
1 Mile participants will not receive a t-shirt/bag

5K: Females: 13 & Under, 14–19, 20-29, 30-39, 40-49, 50–59, 60–69, 70 & Over
Males: 13 & Under, 14–19, 20-29, 30-39, 40-49, 50–59, 60–69, 70 & Over

Awards: Medals will be given to the top 3 places in each division and trophies to overall male & female runner

Registration Fee:

- € \$5 for all 1 Mile participants (shirts not included)
- € \$20 if received by July 20th. Includes shirt
- € \$25 if mailed after July 20th or paid on race day (shirts not guaranteed)
- # \$15 No shirt option for the 5K Race

Checks payable to Atkins Community Club Fun Run

Enjoy bottled water, watermelon and other snacks after the race. Also you must be present to win great prizes from our list of sponsors!

Mail Registration

To: Atkins 5K Run
Attn: Marty Thomac
203 Cherry Street
Van Horne, IA 52346
If questions please e-mail: mthomac@benton.k12.ia.us

Name _____ Phone _____

Street _____ City _____ ST _____ Zip _____

E-mail _____ Shirt Size: S M L XL

Age on 8/3/18 _____ Sex: M F Event: 5K \ 1 Mile Run/Walk

In consideration of your acceptance of this entry, I hereby for myself, my heirs, executors, administrators, Benton County Conservation, Benton County, and all employees and/or affiliates waive any and all rights and claims for damages I may have against individuals associated with the event, sponsors, and officials, for any and all injuries suffered by me during, because of, or in travel to and from said event, I attest and verify that I have full knowledge of the risk involved in this event and I am physically fit and sufficiently trained to participate in this event.

Signature or Signature of Guardian if under 18 Date

